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Learn how to build student resilience, social-emotional skills in wake of COVID-19

Large-scale disasters, such as the ongoing COVID-19 pandemic, present challenges to student mental health, and support and professional development is necessary for caregivers and educators to provide the help students may need, according to two experienced attorneys who will present during [LRP's National Institute® on Legal Issues of Educating Individuals with Disabilities](#), which is now an online event launching May 4.

"We know, particularly in situations like we are dealing with now, across the country, there are going to be some mental health related challenges that we will be dealing with students," said William Zee, chair of the education practice group at Barley Snyder.

Zee, along with David [Walker](#), an attorney with Barley Snyder with experience as a special education teacher, will discuss during LRP's National Institute® how fostering resilience among students and caregivers is necessary to support mental health and limit the effects of trauma.

During their presentation, [Walker](#) and Zee will discuss how educators should support student social, emotional, and behavioral health, particularly given the COVID-19 crisis. The presenters will provide tips and resources that educators and caregivers can use to support students during ongoing school closures, to prepare students to return to school, and to allow students to be successful in life after high school.

The presentation will also discuss the impact of teacher and caregiver mental health on the development of students' social and emotional skills, ways to support adult caregivers during trying times, and how to foster the qualities caregivers need to build relationships that support student mental health.

"While we are talking about relationships serving as the key to student mental health and resiliency, and noting the importance of adults with that," [Walker](#) said, "teachers must have strong emotional and social competencies of their own and must model them to allow students to achieve."

By attending LRP's National Institute online, you'll get attend-where-you-are programming plus access to every single session on the agenda! [Register today.](#)

See also:

- [How to deliver social-emotional learning that meets students' needs](#)
- [How technology can support SEL -- now and in the future](#)
- [Address teachers' mental health concerns through education, awareness](#)

[Charles Hendrix](#) covers education funding and other Title I issues for LRP Publications.

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